

**Risk assessment for course J 8/19 (Mountain Timetrial)** written March 2004  
Renumbered from J 8/18 January 2007

	<b>Location</b>	<b>Details of hazard</b>	<b>Measures to reduce risk</b>	<b>Risk H/M/L</b>
<b>1</b>	Before the start	Riders making their way to the start	Clear instructions on the Start Sheet giving directions	L
<b>2</b>	At the start on A523 near Bosley, Leek side of the traffic lights. SJ 915665	Riders arriving waiting to start and setting off	Warning signs either side of the area. Marshal required	M
<b>3</b>	Junction in Rushton Spencer (3.2 miles) SJ 939623	Riders stay on A523	Direction sign.	L
<b>4</b>	Left turn into Highup Road (6.88 miles) SJ 968578	Riders make left turn from A523	Marshal required. Warning sign facing traffic from Leek on A523	M
<b>5</b>	Left turn at end of Highup Road (7.38 miles) SJ 975582	Riders make left turn onto Meerbrook Road	Marshal required. Warning sign on Abbey Green Road to the right of the junction.	M
<b>6</b>	Right turn in Meerbrook (9.38 miles) SJ 989608	Riders turning right at the junction	Marshal required. Warning signs either side of junction	M
<b>7</b>	Blackshaw Moor, at the Three Horseshoes SK 008598 (10.82 miles)	Riders turn left onto A53 at give way junction	Marshal required. Warning sign on A53 for traffic from Leek direction.	M
<b>8</b>	Ladmanlow left turn SK 041720 (19.21 miles)	Riders turn left from A53 onto A54	Marshal required. Warning signs on A53 and A54	M
<b>9</b>	A54/A537 junction SK 022710 (20.96 miles)	Riders take the A537 towards Macclesfield	Warning signs on approach roads. Marshal required	M
<b>10</b>	Walker Barn SJ 995737 (26.5 miles)	Riders turn left from A537 into Buxton Old Road	Warning signs on approach roads. Marshal required.	M
<b>11</b>	Finish near Teggs Nose Country Park (27 miles) SJ 953736	Riders finishing	Finish flag or board. Timekeeper's assistant required. Warning sign facing oncoming traffic.	M
<b>12</b>	After the finish	Riders returning	Clear instructions on Start Sheet indicating route to take.	L

Notes :-

Timing of events to be considered in conjunction with traffic counts.

Warnings on the Start Sheet should inform competitors :-

“Please remember this is a Mountain Timetrial, so bring some low gears, good tyres and brakes, and take care on the descents.”

“Do not congregate at the finish or distract the timekeeper.  
Please keep the road clear at all times.”

“Particular care is required turning left from the A53 onto the A54 at Ladmanlow on the outskirts of Buxton ¼ mile after entering the 30 mph zone following a fast downhill section.”

Prepared by Tony Millington. Any comments or additions should be addressed to the Manchester District of Cycling Time Trials.