

Risk assessment for course J 8/3 (Mountain Timetrial) written March 2004

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	Location	Details of hazard	Measures to reduce risk	Risk H/M/L
1	At the start on Buxton Road, Longnor. SK 088650	Riders Setting off uphill on the B5053	Warning signs either side of the area.	M
2	Left turn into unclassified road towards Hollinsclough (0.1 miles)	Riders turning left, traffic approaching the B5053 from the minor road.	Warning signs. Marshal required	M
3	Downhill section after approx. quarter of a mile.	Steep hill with bends.	Red warning flag at start of the descent.	M
4	Road junction to Hollinslough SK 082650 (0.53 miles)	Vehicles emerging onto the course from give way line. Riders continue around left hand bend and up the hill.	Warning signs on approach road from Hollinsclough. Marshal required	M
5	A53 junction at the Travellers Rest SK 033678 (4.1 miles)	Riders turn left onto A53 towards Leek	Warning signs on approach roads. Marshal required.	M
6	Left turn from A53 after the Royal Cottage, before the Winking Man SK 027639 (6.8 miles)	Riders turn left onto unclassified road towards Longnor.	Marshal required. Warning signs on A53 for traffic from Leek direction.	M
7	Downhill section SK 056643 (8.7 miles approx.)	Fast descent	Red warning flag at start of descent.	M
8	Longnor SK 087650 (11 miles)	Riders turn left into Carder Green	Warning signs on approach roads. Marshal required	M
9	Longnor	Riders emerge from Carder Green turning left onto B5030	Warning signs on approach roads. Marshal required.	M
10	Passing the starting point	Riders continuing around the circuit for subsequent laps. Riders setting off.	Notice on Start Sheet warning of the presence of other riders.	M
11	Finish area on Leek Road in Longnor just before Carder Green. (Mileage dependant on laps completed)	Riders finishing.	Notice on Start Sheet - Do not congregate at the finish. Times will be available at the Headquarters.	L

Notes :-

Timing of events to be considered in conjunction with traffic counts.

Warnings on the Start Sheet should inform competitors :-

“Please remember this is a Mountain Timetrial, so bring some low gears, good tyres and brakes, and take care on the descents.”

(Most riders should be OK with 39 X 23 bottom gear.)

“Please avoid riders who are just setting off as you come through the start.”

“Please avoid parking on the course, particularly at Carder Green.”

“Do not congregate at the finish. Times will be available at the Headquarters.”

Recommended Headquarters at Longnor Primary School.

Prepared by Tony Millington. Any comments or additions should be addressed to the Manchester District of Cycling Time Trials.